



IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
Flexible Spending Accounts	Ameriflex	888-868-3539	-	www.myameriflex.com
Dental Insurance	Ameritas	800-300-9566	-	www.myplan.ameritas.com
Vision Insurance	Community Eye Care	1-888-254-4290	-	www.communityeyecare.net
Telemedicine Benefits	Call A Doctor Plus	803-835-2362	-	www.teledoc.com
Legal Benefits	Legal Shield	919-730-0720	-	mcs.legalshield@gmail.com
EAP	McLaughlin Young	1-800-633-3353	704-529-5917	www.mygroup.com
Harmony Online Enrollment	Harmony	1-866-875-4772	-	harmonyenroll.coloniallife.com
North Carolina State Health Plan	SPHNC	1-888-234-2416	919-765-2322	www.shpnc.org
To View Your Benefits Online	Pierce Group Benefits	1-888-662-7500	984-225-2605	www.PierceGroupBenefits.com/ CaldwellCommunityCollege AndTechnicalInstitute
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at **1-877-679-6272**. If you are retiring, you must either log into www.myncretirement.com or call **1-877-679-6272**.