



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
Flexible Spending Accounts	IMS	800-426-8739	919-562-0021	<a href="http://www.ims-tpa.com">www.ims-tpa.com</a>
Dental Insurance	Delta Dental of NC	1-800-662-8856	-	<a href="http://www.deltadentalnc.com">www.deltadentalnc.com</a>
Vision Insurance	Superior Vision	1-800-507-3800	410-752-8969	<a href="http://www.superiorvision.com">www.superiorvision.com</a>
Long-Term Disability Benefits	Sun Life	1-800-247-6875	563-242-0184	<a href="http://www.sunlife.com/us">www.sunlife.com/us</a>
Student Loan Assistance Program	GradFin	(844) 472-3346	-	<a href="http://www.gradfin.com/platform/mcdowellcountyschools">www.gradfin.com/platform/mcdowellcountyschools</a>
ID Theft & Legal Benefits	Legal Resources	1-800-728-5768	757-498-4114	<a href="http://www.legalresources.com">www.legalresources.com</a>
EAP & Life Planning Services	Colonial Life	1-888-645-1722	-	<a href="http://www.coloniallife.com/eap">www.coloniallife.com/eap</a>
Harmony Online Enrollment	Harmony	1-866-875-4772	-	<a href="http://harmonyenroll.coloniallife.com">harmonyenroll.coloniallife.com</a>
North Carolina State Health Plan	SHPNC	1-888-234-2416	919-765-2322	<a href="http://www.shpnc.org">www.shpnc.org</a>
To View Your Benefits Online	Pierce Group Benefits	1-888-662-7500	984-225-2605	<a href="http://www.PierceGroupBenefits.com/McDowellCountySchools">www.PierceGroupBenefits.com/McDowellCountySchools</a>
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at **1-877-679-6272**. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call **1-877-679-6272**.