



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
<b>Flexible Spending Accounts</b>	IMS	800-426-8739	919-562-0021	<a href="http://www.ims-tpa.com">www.ims-tpa.com</a>
<b>Dental Insurance</b>	Sun Life	1-800-247-6875	563-242-0184	<a href="http://www.sunlife.com/us">www.sunlife.com/us</a>
<b>Vision Insurance</b>	Superior Vision	1-800-507-3800	410-752-8969	<a href="http://www.superiorvision.com">www.superiorvision.com</a>
<b>Telemedicine Benefits</b>	Call A Doctor Plus	803-835-2362	-	<a href="http://www.teledoc.com">www.teledoc.com</a>
<b>Pet Insurance</b>	Nationwide	1-877-738-7874	-	<a href="http://www.petinsurance.com/rrgsd">www.petinsurance.com/rrgsd</a>
<b>Student Loan Assistance Program</b>	GradFin	(844) 472-3346	-	<a href="http://www.gradfin.com">www.gradfin.com</a>
<b>EAP &amp; Life Planning Services</b>	Colonial Life	1-888-645-1722	-	<a href="http://www.coloniallife.com/eap">www.coloniallife.com/eap</a>
<b>Harmony Online Enrollment</b>	Harmony	1-866-875-4772	-	<a href="http://harmonyenroll.coloniallife.com">harmonyenroll.coloniallife.com</a>
<b>North Carolina State Health Plan</b>	SHPNC	1-888-234-2416	919-765-2322	<a href="http://www.shpnc.org">www.shpnc.org</a>
<b>To View Your Benefits Online</b>	Pierce Group Benefits	1-888-662-7500	984-225-2605	<a href="http://www.PierceGroupBenefits.com/RoanokeRapidsGradedSchoolDistrict">www.PierceGroupBenefits.com/RoanokeRapidsGradedSchoolDistrict</a>
<b>Supplemental Benefits</b>	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at **1-877-679-6272**. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call **1-877-679-6272**.