



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
<b>Flexible Spending Accounts &amp; Health Savings Accounts</b>	Ameriflex	888-868-3539	-	<a href="http://www.myameriflex.com">www.myameriflex.com</a>
<b>Health Insurance</b>	The Local Choice - Anthem	1-800-552-2682	-	<a href="http://thelocalchoice.virginia.gov">thelocalchoice.virginia.gov</a>
<b>Dental Insurance</b>	Delta Dental of VA	1-800-237-6060	-	<a href="http://www.deltadentalVA.com">www.deltadentalVA.com</a>
<b>Long-Term Disability Benefits</b>	Reliance Standard	1-800-351-7500	-	<a href="http://www.reliancestandard.com">www.reliancestandard.com</a>
<b>EAP</b>	NexGen EAP	1-800-327-2255	-	<a href="http://www.nexgeneap.com">www.nexgeneap.com</a>
<b>BenSelect Online Enrollment</b>	BenSelect	888-662-7500	-	<a href="http://harmony.benselect.com">harmony.benselect.com</a>
<b>To View Your Benefits Online</b>	Pierce Group Benefits	1-800-387-5955	984-225-2605	<a href="http://www.PierceGroupBenefits.com/">www.PierceGroupBenefits.com/</a> <a href="http://KingWilliamCountyPublicSchools">KingWilliamCountyPublicSchools</a>
<b>Supplemental Benefits</b>	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act.