



IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
Flexible Spending Accounts	Ameriflex	888-868-3539	-	www.myameriflex.com
Dental Insurance	Sun Life	1-800-247-6875	563-242-0184	www.sunlife.com/us
Vision Insurance	EyeMed Vision	1-866-804-0982	-	www.eyemed.com
Telemedicine Benefits	Call A Doctor Plus	803-835-2362	-	www.teledoc.com
EAP & Life Planning Services	Colonial Life	1-888-645-1722	-	www.coloniallife.com/eap
Harmony Online Enrollment	Harmony	1-866-875-4772	-	harmonyenroll.coloniallife.com
North Carolina State Health Plan	SHPMC	1-888-234-2416	919-765-2322	www.shpnc.org
To View Your Benefits Online	Pierce Group Benefits	1-888-662-7500	984-225-2605	www.PierceGroupBenefits.com/PerquimansCountySchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at **1-877-679-6272**. If you are retiring, you must either log into www.myncretirement.com or call **1-877-679-6272**.