



IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
Flexible Spending Accounts	IMS	800-426-8739	919-562-0021	www.ims-tpa.com
Dental Insurance	Delta Dental of NC	1-800-662-8856	-	www.deltadentalnc.com
Vision Insurance	Superior Vision	1-800-507-3800	410-752-8969	www.superiorvision.com
Long-Term Disability Benefits	Sun Life	1-800-247-6875	563-242-0184	www.sunlife.com/us
EAP & Life Planning Services	Colonial Life	1-888-645-1722	-	www.coloniallife.com/eap
Legal Benefits	Legal Resources	1-800-728-5768	757-498-4114	www.legalresources.com
Home and Auto Insurance	Farmers Insurance	1-800-438-6381	-	www.farmers.com/css/login
Student Loan Assistance Program	GradFin	(844) 472-3346	-	www.gradfin.com
North Carolina State Health Plan	SHPNC	1-888-234-2416	919-765-2322	www.shpnc.org
BenSelect Online Enrollment	BenSelect	888-662-7500	-	harmony.benselect.com
To View Your Benefits Online	Pierce Group Benefits	1-888-662-7500	984-225-2605	www.PierceGroupBenefits.com/McDowellCountySchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into www.myncretirement.com or call 1-877-679-6272.