



IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
Dental Insurance	Delta Dental of NC	1-800-662-8856	-	www.deltadentalinc.com
Vision Insurance	EyeMed Vision	1-866-804-0982	-	www.eyemed.com
EAP & Life Planning Services	Colonial Life	1-888-645-1772	-	www.coloniallife.com/eap
Long Term Care Benefits	CHUBB	1-833-542-2013	-	chubbworkplacebenefits.com
North Carolina State Health Plan	SHPMC	1-888-234-2416	919-765-2322	www.shpnc.org
To View Your Benefits Online	Pierce Group Benefits	1-888-662-7500	984-225-2605	www.PierceGroupBenefits.com/McDowellTechnicalCommunityCollege
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into www.myncretirement.com or call 1-877-679-6272.