



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
Dental Insurance	Delta Dental of NC	1-800-662-8856	-	<a href="http://www.deltadentalnc.com">www.deltadentalnc.com</a>
Vision Insurance	EyeMed Vision	1-866-804-0982	-	<a href="http://www.eyemed.com">www.eyemed.com</a>
EAP & Life Planning Services	Colonial Life	1-888-645-1772	-	<a href="http://www.coloniallife.com/eap">www.coloniallife.com/eap</a>
Long Term Care Benefits	CHUBB	1-833-542-2013	-	<a href="http://chubbworkplacebenefits.com">chubbworkplacebenefits.com</a>
BenSelect Online Enrollment	BenSelect	(888)-662-7500	-	<a href="http://harmony.benselect.com/mcdowelltech">harmony.benselect.com/mcdowelltech</a>
North Carolina State Health Plan	SHPNC	1-888-234-2416	919-765-2322	<a href="http://www.shpnc.org">www.shpnc.org</a>
To View Your Benefits Online	Pierce Group Benefits	1-888-662-7500	984-225-2605	<a href="http://www.PierceGroupBenefits.com/McDowellTechnicalCommunityCollege">www.PierceGroupBenefits.com/McDowellTechnicalCommunityCollege</a>
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.