



IMPORTANT CONTACT INFORMATION

	Carrier	Phone Number	Fax Number	Website
Flexible Spending Accounts	IMS	800-426-8739	919-562-0021	www.ims-tpa.com
Dental Insurance	IMS	800-426-8739	919-562-0021	www.ims-tpa.com
Vision Insurance	Community Eye Care	888-254-4290		www.communityeyecare.net
Group Term Life Insurance	The Hartford	800-523-2233		www.thehartford.com/employeebenefits
Employee Assistance Program	McLaughlin Young	800-633-3353	704-529-5917	www.mygroup.com
Telemedicine Benefits	Call A Doctor Plus	803-835-2362		www.teledoc.com
North Carolina State Health Plan	SHPNC	888-234-2416	919-765-2322	www.shpnc.org
Harmony Online Enrollment	Harmony	866-875-4772		harmonyenroll.coloniallife.com
To View Your Benefits Online	Pierce Group Benefits	1-888-662-7500	984-225-2605	www.PierceGroupBenefits.com/DareCountySchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-798-4040	1-800-880-9325	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into www.myncretirement.com or call 1-877-679-6272.