	Carrier	Phone/Fax	Email	Website
Flexible Spending Accounts	IMS	P: 800-426-8739 F: 919-562-0021		www.ims-tpa.com
Dental Insurance	IMS	P: 800-426-8739 F: 919-877-9933	-	www.ims-tpa.com/members/ medical-and-dental
Vision Insurance	EyeMed Vision	P: 866-939-3633	-	www.eyemed.com
Long-Term Disability Benefits	Sun Life	P: 800-247-6875 F: 563-242-0184	-	www.sunlife.com/us
EAP & Life Planning Services	Colonial Life	P: 888-645-1772	EAPinfo@ healthadvocate.com	www.coloniallife.com/eap
Telemedicine Benefits	Call A Doctor Plus	P: 803-835-2362	help@teladochealth.com	www.teledoc.com
Student Loan Assistance Program	GradFin	P: 844-472-3346		www.gradfin.com
BenSelect Online Enrollment	BenSelect	P: 888-662-7500	-	www.harmony.benselect.com/
To View Your Benefits Online	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@ piercegroupbenefits.com	www.PierceGroupBenefits.com/ IredellStatesvilleSchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F:1-800-880-9325 TDD For Hearing Impaired Customers 1-800-798-4040	-	www.coloniallife.com

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Under certain qualifying events, employees and dependents may have the opportunity to continue coverage for 18-36 months under the COBRA Act.