	Carrier	Phone/Fax	Email	Website
Flexible Spending Accounts	Ameriflex	P: 888-868-3539	service@myameriflex.com	www.myameriflex.com
Dental Insurance	Sun Life	P: 800-247-6875 F: 563-242-0184	-	www.sunlife.com/us
Vision Insurance	Superior Vision	P: 800-507-3800 F: 410-752-8969	-	www.superiorvision.com
Pet Insurance	Nationwide	P: 877-738-7874		benefits.petinsurance.com/ bladecc
Telemedicine Benefits	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	www.teladoc.com
Student Loan Assistance Program	GradFin	P: 844-472-3346		www.gradfin.com
North Carolina State Health Plan	SHPNC	P: 888-234-2416 F: 919-765-2322	-	www.shpnc.org
BenSelect Online Enrollment	BenSelect	P: 888-662-7500	-	harmony.benselect.com/ bladennc
To View Your Benefits Online	Pierce Group Benefits	P: 888-662-7500 F: 984-225-2605	service@ piercegroupbenefits.com	www.PierceGroupBenefits.com/ BladenCommunityCollege
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings P: 800-325-4368 F: 800-880-9325 TDD For Hearing Impaired Customers 800-798-4040	-	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272.

If you are retiring, you must either log into www.myncretirement.com or call 1-877-679-6272.