



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
Flexible Spending Accounts	IMS	P: 800-426-8739 F: 919-562-0021	-	<a href="http://www.ims-tpa.com">www.ims-tpa.com</a>
Dental Insurance	BlueCross BlueShield	P: 888-206-4697	-	<a href="http://www.bcbsnc.com">www.bcbsnc.com</a>
Vision Insurance	Superior Vision	P: 800-507-3800 F: 410-752-8969	-	<a href="http://www.superiorvision.com">www.superiorvision.com</a>
EAP & Life Planning Services	Colonial Life	P: 888-645-1772	EAPinfo@ healthadvocate.com	<a href="http://www.coloniallife.com/eap">www.coloniallife.com/eap</a>
Telemedicine Benefits	Call A Doctor Plus	P: 800-835-2362	<a href="mailto:help@teladochealth.com">help@teladochealth.com</a>	<a href="http://www.teladoc.com">www.teladoc.com</a>
Student Loan Assistance Program	GradFin	P: 844-472-3346	-	<a href="http://www.gradfin.com">www.gradfin.com</a>
North Carolina State Health Plan	SHPNC	P: 888-234-2416 F: 919-765-2322	-	<a href="http://www.shpnc.org">www.shpnc.org</a>
Harmony Online Enrollment	Harmony	P: 866-875-4772	-	<a href="http://harmonyenroll.coloniallife.com">harmonyenroll.coloniallife.com</a>
To View Your Benefits Online	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	<a href="mailto:service@piercegroupbenefits.com">service@ piercegroupbenefits.com</a>	<a href="http://www.PierceGroupBenefits.com/RutherfordCountySchools">www.PierceGroupBenefits.com/ RutherfordCountySchools</a>
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F: 1-800-880-9325  TDD For Hearing Impaired Customers 1-800-798-4040	-	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.