



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
Flexible Spending Accounts	Ameriflex	P: 888-868-3539	service@myameriflex.com	www.myameriflex.com
Dental Insurance	MetLife	P: 800-638-5433	-	www.metlife.com
Vision Insurance	EyeMed Vision	P: 866-939-3633	-	www.eyemed.com
Long-Term Disability Benefits	Sun Life	P: 800-247-6875 F: 563-242-0184	-	www.sunlife.com/us
Group Term Life Insurance	MetLife	P: 800-638-5433	-	www.metlife.com
Legal Benefits	Legal Resources	P: 800-728-5768 F: 757-498-4114	info@legalresources.com	www.legalresources.com
Telemedicine Benefits	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	www.teladoc.com
Student Loan Assistance Program	GradFin	P: 844-472-3346	-	www.gradfin.com
Harmony Online Enrollment	Harmony	P: 866-875-4772	-	harmonyenroll.coloniallife.com
To View Your Benefits Online	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@piercegroupbenefits.com	www.PierceGroupBenefits.com/ StokesCountySchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F: 1-800-880-9325 TDD For Hearing Impaired Customers 1-800-798-4040	-	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.