



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
<b>Flexible Spending Accounts</b>	IMS	P: 800-426-8739 F: 919-562-0021	-	<a href="http://www.ims-tpa.com">www.ims-tpa.com</a>
<b>Dental Insurance</b>	Delta Dental of NC	P: 800-662-8856	<a href="mailto:customersupport@deltadentalcoversme.com">customersupport@deltadentalcoversme.com</a>	<a href="http://www.deltadentalnc.com">www.deltadentalnc.com</a>
<b>Vision Insurance</b>	Superior Vision	P: 800-507-3800 F: 410-752-8969	-	<a href="http://www.superiorvision.com">www.superiorvision.com</a>
<b>Long-Term Disability Benefits</b>	Sun Life	P: 800-247-6875 F: 563-242-0184	-	<a href="http://www.sunlife.com/us">www.sunlife.com/us</a>
<b>Long Term Care Benefits</b>	CHUBB	P: 833-542-2013 F: 312-351-7120	<a href="mailto:CWBclaimsteam@chubb.com">CWBclaimsteam@chubb.com</a>	<a href="http://chubbworkplacebenefits.com">chubbworkplacebenefits.com</a>
<b>Legal Benefits</b>	Legal Resources	P: 800-728-5768 F: 757-498-4114	<a href="mailto:info@legalresources.com">info@legalresources.com</a>	<a href="http://www.legalresources.com">www.legalresources.com</a>
<b>Home and Auto Insurance</b>	Farmers Insurance	P: 800-854-6011	-	<a href="http://www.farmers.com/css/login">www.farmers.com/css/login</a>
<b>Student Loan Assistance Program</b>	GradFin	P: 844-472-3346	-	<a href="http://www.gradfin.com">www.gradfin.com</a>
<b>North Carolina State Health Plan</b>	SHPNC	P: 888-234-2416 F: 919-765-2322	-	<a href="http://www.shpnc.org">www.shpnc.org</a>
<b>BenSelect Online Enrollment</b>	BenSelect	P: 888-662-7500	-	<a href="http://harmony.benselect.com/mcdowell">harmony.benselect.com/mcdowell</a>
<b>To View Your Benefits Online</b>	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	<a href="mailto:service@piercergroupbenefits.com">service@piercergroupbenefits.com</a>	<a href="http://www.PierceGroupBenefits.com/McDowellCountySchools">www.PierceGroupBenefits.com/McDowellCountySchools</a>
<b>Supplemental Benefits</b>	Colonial Life	<b>Customer Service &amp; Wellness Screenings</b> 1-800-325-4368 F: 1-800-880-9325 <b>TDD For Hearing Impaired Customers</b> 1-800-798-4040	-	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.