



# IMPORTANT CONTACT INFORMATION

|                                  | Carrier               | Phone/Fax                                                                                                                             | Email                                                                                                | Website                                                                                                                  |
|----------------------------------|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| Flexible Spending Accounts       | IMS                   | P: 800-426-8739<br>F: 919-562-0021                                                                                                    | -                                                                                                    | <a href="http://www.ims-tpa.com">www.ims-tpa.com</a>                                                                     |
| Dental Insurance                 | Delta Dental of NC    | P: 800-662-8856                                                                                                                       | <a href="mailto:customersupport@deltadentalcoversme.com">customersupport@deltadentalcoversme.com</a> | <a href="http://www.deltadentalnc.com">www.deltadentalnc.com</a>                                                         |
| Vision Insurance                 | Superior Vision       | P: 800-507-3800<br>F: 410-752-8969                                                                                                    | -                                                                                                    | <a href="http://www.superiorvision.com">www.superiorvision.com</a>                                                       |
| Long-Term Disability Benefits    | Sun Life              | P: 800-247-6875<br>F: 563-242-0184                                                                                                    | -                                                                                                    | <a href="http://www.sunlife.com/us">www.sunlife.com/us</a>                                                               |
| EAP & Life Planning Services     | Colonial Life         | P: 888-645-1772                                                                                                                       | <a href="mailto:EAPinfo@healthadvocate.com">EAPinfo@healthadvocate.com</a>                           | <a href="http://www.coloniallife.com/eap">www.coloniallife.com/eap</a>                                                   |
| Telemedicine Benefits            | Call A Doctor Plus    | P: 800-835-2362                                                                                                                       | <a href="mailto:help@teladochealth.com">help@teladochealth.com</a>                                   | <a href="http://www.teladoc.com">www.teladoc.com</a>                                                                     |
| Student Loan Assistance Program  | GradFin               | P: 844-472-3346                                                                                                                       | -                                                                                                    | <a href="http://www.gradfin.com">www.gradfin.com</a>                                                                     |
| North Carolina State Health Plan | SHPNC                 | P: 888-234-2416<br>F: 919-765-2322                                                                                                    | -                                                                                                    | <a href="http://www.shpnc.org">www.shpnc.org</a>                                                                         |
| BenSelect Online Enrollment      | BenSelect             | P: 888-662-7500                                                                                                                       | -                                                                                                    | <a href="http://harmony.benselect.com/surry">harmony.benselect.com/surry</a>                                             |
| To View Your Benefits Online     | Pierce Group Benefits | P: 1-888-662-7500<br>F: 984-225-2605                                                                                                  | <a href="mailto:service@piercgroupbenefits.com">service@piercgroupbenefits.com</a>                   | <a href="http://www.PierceGroupBenefits.com/SurryCommunityCollege">www.PierceGroupBenefits.com/SurryCommunityCollege</a> |
| Supplemental Benefits            | Colonial Life         | Customer Service & Wellness Screenings<br>1-800-325-4368<br>F: 1-800-880-9325<br>TDD For Hearing Impaired Customers<br>1-800-798-4040 | -                                                                                                    | <a href="http://www.coloniallife.com">www.coloniallife.com</a>                                                           |



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.