IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
Flexible Spending Accounts	IMS	P: 800-426-8739 F: 919-562-0021	-	www.ims-tpa.com
Dental Insurance	IMS Dental	P: 919-877-9933	-	www.ims-tpa.com/members/medical-and-dental
Vision Insurance	Community Eye Care	P: 888-254-4290	-	www.communityeyecare.net
Basic Group Term Life Insurance	The Hartford	P: 800-523-2233	gbdcustomerservice@thehartford.com	www.thehartford.com/employeebenefits
Employee Assistance Program	McLaughlin Young	P: 800-633-3353 F: 704-529-5917	-	www.mygroup.com
Telemedicine Benefits	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	www.teladoc.com
North Carolina State Health Plan	SHPNC	P: 888-234-2416 F: 919-765-2322	-	www.shpnc.org
BenSelect Online Enrollment	BenSelect	P: 888-662-7500	-	harmony.benselect.com/dare
To View Your Benefits Online	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@piercegroupbenefits.com	www.PierceGroupBenefits.com/DareCountySchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F:1-800-880-9325 TDD For Hearing Impaired Customers 1-800-798-4040	-	www.coloniallife.com

NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272.
If you are retiring, you must either log into www.myncretirement.com or call 1-877-679-6272.