



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
Flexible Spending Accounts	IMS	P: 800-426-8739 F: 919-562-0021	-	<a href="http://www.ims-tpa.com">www.ims-tpa.com</a>
Dental Insurance	IMS Dental	P: 919-877-9933	-	<a href="http://www.ims-tpa.com/members/medical-and-dental">www.ims-tpa.com/members/medical-and-dental</a>
Vision Insurance	EyeMed Vision	P: 866-939-3633	-	<a href="http://www.eyemed.com">www.eyemed.com</a>
Long-Term Disability Benefits	Sun Life	P: 800-247-6875 F: 563-242-0184	-	<a href="http://www.sunlife.com/us">www.sunlife.com/us</a>
EAP & Life Planning Services	Colonial Life	P: 888-645-1772	EAPinfo@healthadvocate.com	<a href="http://www.coloniallife.com/eap">www.coloniallife.com/eap</a>
Telemedicine Benefits	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	<a href="http://www.teladoc.com">www.teladoc.com</a>
North Carolina State Health Plan	SHPNC	P: 888-234-2416 F: 919-765-2322	-	<a href="http://www.shpnc.org">www.shpnc.org</a>
BenSelect Online Enrollment	BenSelect	P: 888-662-7500	-	<a href="http://harmony.beselect.com/iss">harmony.beselect.com/iss</a>
Custom Benefits Website	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@piercegroupbenefits.com	<a href="http://www.PierceGroupBenefits.com/IredellStatesvilleSchools">www.PierceGroupBenefits.com/IredellStatesvilleSchools</a>
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F:1-800-880-9325  TDD For Hearing Impaired Customers 1-800-798-4040	-	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.