



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
<b>Flexible Spending Accounts</b>	Ameriflex	P: 888-868-3539	service@myameriflex.com	<a href="http://www.myameriflex.com">www.myameriflex.com</a>
<b>Dental Insurance</b>	Delta Dental of NC	P: 800-662-8856	customersupport@ deltadentalcoversme.com	<a href="http://www.deltadentalinc.com">www.deltadentalinc.com</a>
<b>Vision Insurance</b>	EyeMed Vision	P: 866-939-3633	-	<a href="http://www.eyemed.com">www.eyemed.com</a>
<b>Long-Term Disability Benefits</b>	Sun Life	P: 800-247-6875 F: 563-242-0184	-	<a href="http://www.sunlife.com/us">www.sunlife.com/us</a>
<b>EAP &amp; Life Planning Services</b>	Colonial Life	P: 888-645-1772	EAPinfo@healthadvocate.com	<a href="http://www.coloniallife.com/eap">www.coloniallife.com/eap</a>
<b>Telemedicine Benefits</b>	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	<a href="http://www.teladoc.com">www.teladoc.com</a>
<b>Student Loan Assistance Program</b>	GradFin	P: 844-472-3346	-	<a href="http://www.gradfin.com">www.gradfin.com</a>
<b>North Carolina State Health Plan</b>	SHPNC	P: 888-234-2416 F: 919-765-2322	-	<a href="http://www.shpnc.org">www.shpnc.org</a>
<b>BenSelect Online Enrollment</b>	BenSelect	P: 888-662-7500	-	<a href="http://harmony.benselect.com/duplin">harmony.benselect.com/duplin</a>
<b>Custom Benefits Website</b>	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@ piercegroupbenefits.com	<a href="http://www.PierceGroupBenefits.com/DuplinCountySchools">www.PierceGroupBenefits.com/ DuplinCountySchools</a>
<b>Supplemental Benefits</b>	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F:1-800-880-9325  TDD For Hearing Impaired Customers 1-800-798-4040	-	<a href="http://www.coloniallife.com">www.coloniallife.com</a>



**NC State Health Plan:** Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncreirement.com](http://www.myncreirement.com) or call 1-877-679-6272.