IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
Flexible Spending Accounts	IMS	P: 800-426-8739 F: 919-562-0021	-	www.ims-tpa.com
Dental Insurance	Ameritas	P: 800-487-5553	group@ameritas.com	www.ameritas.com/sign-in/
Vision Insurance	Superior Vision	P: 800-507-3800 F: 410-752-8969	-	www.superiorvision.com
EAP & Life Planning Services	Colonial Life	P: 888-645-1772	EAPinfo@ healthadvocate.com	www.coloniallife.com/eap
Telemedicine Benefits	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	www.teladoc.com
North Carolina State Health Plan	SHPNC	P: 888-234-2416 F: 919-765-2322	-	www.shpnc.org
Harmony Online Enrollment	Harmony	P: 866-875-4772	-	harmonyenroll.coloniallife.com
Custom Benefits Website	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@ piercegroupbenefits.com	www.PierceGroupBenefits.com/ GrahamCountySchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F:1-800-880-9325 TDD For Hearing Impaired Customers 1-800-798-4040	-	www.coloniallife.com

NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272.
If you are retiring, you must either log into www.myncretirement.com or call 1-877-679-6272.