



# IMPORTANT CONTACT INFORMATION

	Carrier	Phone/Fax	Email	Website
<b>Flexible Spending Accounts</b>	Ameriflex	P: 888-868-3539	service@myameriflex.com	www.myameriflex.com
<b>Dental Insurance</b>	MetLife	P: 800-638-5433	-	www.metlife.com
<b>Vision Insurance</b>	Community Eye Care	P: 888-254-4290	-	www.communityeyecare.net
<b>EAP &amp; Life Planning Services</b>	Colonial Life	P: 888-645-1772	EAPinfo@healthadvocate.com	www.coloniallife.com/eap
<b>Legal &amp; ID Theft Benefits</b>	Legal Shield	P: 919-730-0720	mcs.legalshield@gmail.com	-
<b>Telemedicine Benefits</b>	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	www.teladoc.com
<b>Student Loan Assistance Program</b>	GradFin	P: 844-472-3346	-	www.gradfin.com
<b>North Carolina State Health Plan</b>	SHPNC	P: 888-234-2416 F: 919-765-2322	-	www.shpnc.org
<b>BenSelect Online Enrollment</b>	BenSelect	P: 888-662-7500	-	harmony.benselect.com/ashe
<b>Custom Benefits Website</b>	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@piercegroupbenefits.com	www.PierceGroupBenefits.com/ AsheCountySchools
<b>Supplemental Benefits</b>	Colonial Life	<b>Customer Service &amp; Wellness Screenings</b> 1-800-325-4368 F: 1-800-880-9325 <b>TDD For Hearing Impaired Customers</b> 1-800-798-4040	-	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.