



IMPORTANT CONTACT INFORMATION

| | Carrier | Phone/Fax | Email | Website |
|--------------------------------------|-----------------------|---|---|---|
| Flexible Spending Accounts | Ameriflex | P: 888-868-3539 | service@myameriflex.com | www.myameriflex.com |
| Dental Insurance | Delta Dental of NC | P: 800-662-8856 | customersupport@deltadentalcoversme.com | www.deltadentalinc.com |
| Vision Insurance | EyeMed Vision | P: 866-939-3633 | - | www.eyemed.com |
| Long-Term Disability Benefits | Sun Life | P: 800-247-6875 F: 563-242-0184 | - | www.sunlife.com/us |
| Group Term Life Insurance | Sun Life | P: 800-247-6875 F: 563-242-0184 | - | www.sunlife.com/us |
| Teletherapy | Tava Health | - | hello@tavahealth.com | https://www.tavahealth.com/ |
| Long Term Care Benefits | CHUBB | P: 833-542-2013 F: 312-351-7120 | CWBclaimsteam@chubb.com | chubbworkplacebenefits.com |
| Telemedicine Benefits | Call A Doctor Plus | P: 800-835-2362 | help@teladochealth.com | www.teladoc.com |
| Home and Auto Insurance | Farmers Insurance | P: 800-854-6011 | - | www.farmers.com/css/login |
| BenSelect Online Enrollment | BenSelect | P: 888-662-7500 | - | harmony.benselect.com/gaston |
| Custom Benefits Website | Pierce Group Benefits | P: 1-888-662-7500 F: 984-225-2605 | service@piercergroupbenefits.com | www.PierceGroupBenefits.com/ GastonCountySchools |
| Supplemental Benefits | Colonial Life | Customer Service & Wellness Screenings 1-800-325-4368 F: 1-800-880-9325 TDD For Hearing Impaired Customers 1-800-798-4040 | - | www.coloniallife.com |



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into www.myncretirement.com or call 1-877-679-6272.