



# IMPORTANT CONTACT INFORMATION

|   | Carrier               | Phone/Fax  | Email                           | Website  |
|---|-----------------------|--|---------------------------------|--|
| <b>Flexible Spending Accounts</b>       | Ameriflex             | P: 888-868-3539  | service@myameriflex.com         | www.myameriflex.com                                |
| <b>Dental Insurance</b>                 | Humana                | P: 866-427-7478-   | -                               | www.Humana.com                                     |
| <b>Vision Insurance</b>                 | Community Eye Care    | P: 888-254-4290  | -                               | www.communityeyecare.net                           |
| <b>EAP &amp; Life Planning Services</b> | Colonial Life         | P: 888-645-1772  | EAPinfo@healthadvocate.com      | www.coloniallife.com/eap                           |
| <b>Legal &amp; ID Theft Benefits</b>    | Legal Shield          | P: 919-730-0720  | --                              | -  |
| <b>Telemedicine Benefits</b>            | Call A Doctor Plus    | P: 800-835-2362  | help@teladochealth.com          | www.teladoc.com                                    |
| <b>North Carolina State Health Plan</b> | SHPNC                 | P: 888-234-2416<br>F: 919-765-2322   | -                               | www.shpnc.org                                      |
| <b>Custom Benefits Website</b>          | Pierce Group Benefits | P: 1-888-662-7500<br>F: 984-225-2605   | service@piercegroupbenefits.com | www.PierceGroupBenefits.com/<br>AveryCountySchools |
| <b>Supplemental Benefits</b>            | Colonial Life         | <b>Customer Service &amp; Wellness Screenings</b><br>1-800-325-4368<br>F:1-800-880-9325<br><b>TDD For Hearing Impaired Customers</b><br>1-800-798-4040 | -                               | www.coloniallife.com                               |



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log into [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.