



# IMPORTANT CONTACT INFORMATION

|                                         | CARRIER               | PHONE/FAX                                                                                                                             | EMAIL                                   | WEBSITE                                             |
|-----------------------------------------|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|-----------------------------------------------------|
| <b>Flexible Spending Accounts</b>       | Ameriflex             | P: 888-868-3539                                                                                                                       | service@myameriflex.com                 | www.myameriflex.com                                 |
| <b>Dental Insurance</b>                 | Delta Dental of NC    | P: 800-662-8856                                                                                                                       | customersupport@deltadentalcoversme.com | www.deltadentalnc.com                               |
| <b>Vision Insurance</b>                 | EyeMed Vision         | P: 866-939-3633                                                                                                                       | -                                       | www.eyemed.com                                      |
| <b>Group Term Life Insurance</b>        | Unum                  | P: 866-679-3054<br>F: 800-447-2498                                                                                                    | -                                       | www.unum.com                                        |
| <b>Legal &amp; ID Theft Benefits</b>    | Legal Resources       | P: 800-728-5768<br>F: 757-498-4114                                                                                                    | info@legalresources.com                 | www.legalresources.com                              |
| <b>Telemedicine Benefits</b>            | Call A Doctor Plus    | P: 800-835-2362                                                                                                                       | help@teladochealth.com                  | www.teladoc.com                                     |
| <b>North Carolina State Health Plan</b> | SHPNC                 | P: 888-234-2416<br>F: 919-765-2322                                                                                                    | -                                       | www.shpnc.org                                       |
| <b>BenSelect Online Enrollment</b>      | BenSelect             | P: 888-662-7500                                                                                                                       | -                                       | harmony.benselect.com/craven                        |
| <b>Custom Benefits Website</b>          | Pierce Group Benefits | P: 1-888-662-7500<br>F: 984-225-2605                                                                                                  | service@piercgroupbenefits.com          | www.PierceGroupBenefits.com/<br>CravenCountySchools |
| <b>Supplemental Benefits</b>            | Colonial Life         | Customer Service & Wellness Screenings<br>1-800-325-4368<br>F: 1-800-880-9325<br>TDD For Hearing Impaired Customers<br>1-800-798-4040 | -                                       | www.coloniallife.com                                |



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log in to [www.myncretirement.com](http://www.myncretirement.com) or call 1-877-679-6272.