



IMPORTANT CONTACT INFORMATION

	CARRIER	PHONE/FAX	EMAIL	WEBSITE
Flexible Spending Accounts	IMS	P: 800-426-8739 F: 919-562-0021	-	www.ims-tpa.com
Dental Insurance	IMS Dental	P: 919-877-9933	-	www.ims-tpa.com/members/medical-and-dental
Vision Insurance	Superior Vision	P: 800-507-3800 F: 410-752-8969	-	www.superiorvision.com
EAP & Life Planning Services	Colonial Life	P: 888-645-1772	EAPinfo@healthadvocate.com	www.coloniallife.com/eap
Long Term Care Benefits	CHUBB	P: 833-542-2013 F: 312-351-7120	CWBclaimsteam@chubb.com	workplacesolutions.chubb.com
Teletherapy Benefits	Tava Health	P: 801-319-6471	support@tavahealth.com	www.tavahealth.com
North Carolina State Health Plan	SHPNC	P: 888-234-2416 F: 919-765-2322	-	www.shpnc.org
BenSelect Online Enrollment	BenSelect	P: 888-662-7500	-	harmony.benselect.com/lincoln
Custom Benefits Website	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@piercergroupbenefits.com	www.PierceGroupBenefits.com/LincolnCountySchools
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 F: 1-800-880-9325 TDD For Hearing Impaired Customers 1-800-798-4040	-	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log in to www.myncretirement.com or call 1-877-679-6272.