



IMPORTANT CONTACT INFORMATION

	CARRIER	PHONE/FAX	EMAIL	WEBSITE
Dental Insurance	Delta Dental of NC	P: 800-662-8856	customersupport@deltadentalcoversme.com	www.deltadentalnc.com
Vision Insurance	EyeMed Vision	P: 866-939-3633	-	www.eyemed.com
Group Term Life & EAP + LPS	Colonial Life	GTL: 800-325-4368 EAP: 888-645-1772	EAPinfo@healthadvocate.com	www.coloniallife.com www.coloniallife.com/eap
Long Term Care Benefits	CHUBB	P: 833-542-2013 F: 312-351-7120	CWBclaimsteam@chubb.com	workplacesolutions.chubb.com
Telemedicine Benefits	Call A Doctor Plus	P: 800-835-2362	help@teladochealth.com	www.teladoc.com
Teletherapy Benefits	Tava Health	P: 801-319-6471	support@tavahealth.com	www.tavahealth.com
North Carolina State Health Plan	SHPNC	P: 855-859-0966	-	www.shpnc.org
BenSelect Online Enrollment	BenSelect	P: 888-662-7500	-	harmony.benselect.com/ mcdowelltech
Custom Benefits Website	Pierce Group Benefits	P: 1-888-662-7500 F: 984-225-2605	service@piercergroupbenefits.com	www.PierceGroupBenefits.com/ McDowellTechnicalCommunityCollege
Supplemental Benefits	Colonial Life	Customer Service & Wellness Screenings 1-800-325-4368 TDD For Hearing Impaired Customers 1-800-880-9325 1-800-798-4040	-	www.coloniallife.com



NC State Health Plan: Under certain qualifying events, employees and dependents have the opportunity to continue coverage for 18-36 months under the COBRA Act. Please contact the State Health Plan at 1-877-679-6272. If you are retiring, you must either log in to www.myncretirement.com or call 1-877-679-6272.